

**NPC  
MOTHER  
LODE**

**2019**  
**ARMWRESTLING**  
[www.USArmwrestling.com](http://www.USArmwrestling.com)

HELD AT THE

**2019 NPC MOTHER LODE  
BODY-BUILDING  
NATIONAL QUALIFIER**

<https://centerpodium.com/npcmotherlode/>



**Grand Sierra Resort & Casino - GSR Sports Book Stage  
2500 E. 2nd Street, Reno, NV**

**Saturday April 13, 2019**

**Weigh-ins** Fri. 4/12: 6 to 8 pm **OR** Sat. 4/13 - 11am to 12:30pm  
Tournament starts at 1pm

**CASH BOXES**  
**\$250/ \$150/ \$100**  
*(1 ticket per entry)*

***"Beauty & The Beast" Challenge Matches***  
***DURING THE NPC FINALS***  
Live-streamed to thousands and broadcast throughout the GSR!  
Participants TBD

**OVERALL CHAMPION JACKETS**

**TEAM COMPETITION - Awards 1st to 3rd place**

**Individual awards to 1st Place Team**

**Weigh Classes: NO CLOTHING ALLOWANCE**

Men's Open Right & Left: 0-154, 155-176, 177-198, 199-242, 243+

Men's Amateur Right & Left: 0-154, 155-176, 177-198, 199-242, 243+

Ladies Open Right Hand: 0-143, 144+.

Masters (age 40+) Right & Left: 0-154, 155-176, 177-198, 199-220, 221+.

Grand Masters (age 50+) Right & Left Hand: 0-165, 166-198, 199+

**MUST BE 21 YEARS OLD TO ATTEND**

**FREE TO WATCH!!**

**FREE T-SHIRT to 1st 75 entries (1 per person)**

**WAF Rules** Double Elimination.

Since 1985



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**Custom Awards**

**1st to 3rd Place in all classes.**

**For More Information**

[dmwatts99@gmail.com](mailto:dmwatts99@gmail.com)



**2020 Arnold Classic  
Armwrestling  
Qualifying Event**

**Entry Fees**

Open & Amateur \$30

Masters \$25

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