

CENTER PODIUM
COVID-19 Health & Safety Plan
NPC Mother Lode
Reno Sparks Convention Center | June 27, 2020

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Center Podium takes the health of our athletes, spectators, sponsors, and staff very seriously. As such we have, in cooperation with the Reno Sparks Visitors Authority, and under the supervision and approval of the State of Nevada Department of Business & Industry and of Washoe County, developed an extensive plan to ensure the health and safety of all of our guests.

DO NOT ATTEND THE EVENT IF YOU ARE FEELING SICK. IF YOU ARE EXPERIENCEING ANY OF THE FOLLOWING SYMPTOMS, DO NOT ATTEND THE EVENTS. If you attend the event and are blatantly demonstrating any of these symptoms, you will be asked to immediately leave the venue.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea
- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

ATHLETES

All athlete's temperature will be measured. Athletes who demonstrate a fever will not be permitted inside the venue or allowed to compete. These athletes will be provided a credit to another Center Podium contest.

Check-In & Meeting

- Only athletes and coaches who have purchased a coaches pass will be allowed to attend check-ins.
- All chairs will be widely spaced – Room C
- There will be no hugging, handshaking, etc. A smile and nod will be a standard greeting.
- Check-ins will be divided into time slots:
 - **5:00 PM** - Mandatory meeting for Men's Bodybuilding, Classic Physique, Women's Physique, and Fitness followed by registration and check-ins. Located at the Reno Convention Center Ballroom
 - **5:30 PM** - Mandatory meeting for Bikini followed by registration and check-ins. Located at the Reno Convention Center Ballroom
 - **6:00 PM** - Mandatory meeting for Figure & Wellness followed by registration and check-ins. Located at the Reno Convention Center Ballroom
 - **6:30 PM** - Mandatory meeting for Men's Physique followed by registration and check-ins. Located at the Reno Convention Center Ballroom.

- Athletes will not line up for height and weight – they will wait in seats until their name is called. Anyone not pre-registered will weigh/height-in last in each division's time slot.
- The scale and stadiometer will be sanitized between each athlete.
- Pens for release forms will be sanitized after each division.

Tanning

1. Judging Tans

- Judges will not mark clients down for a bad or light tan.
- Athletes will be encouraged to take a light shower in the morning before receiving their final coat of tanning.

2. Tanning Application Sanitation

- Face masks will be available for all clients.
- CDC Antibacterial wipes and spray will be used for sanitization of all reusable equipment.
- 70% of alcohol will be used to spray down tents.
- Individual packaged, disposable shower caps will be used for each client.
- Staff will use disposable Nitrile gloves which will be disposed of between each client.
- Disposable rollers or puffs will be used for each client.
- Only spray glue and glaze will be used.
- Tanning tents will be set with larger than normal spacing.

Make-up

- CDC Antibacterial wipes and spray will be used for sanitization of all reusable equipment.
- Staff will use disposable Nitrile gloves which will be disposed of between each client.
- Disposable puffs will be used for each client.
- Masks will be worn by make-up artists.

Back Stage

- Back Stage areas are divided into EIGHT main spaces. Totalling approximately 15,000 square feet.
- Capacity for the back stage areas are approximately 2,155 people. Plan actual occupancy will be approximately 225

STAFF

- All staff may wear gloves for the duration of the events.
- Staff will change clothing; 1. After check-ins, 2. After Pre-judging
- Masks will be available to staff

AUDIENCE

As of June 18, 2020, the event allows only the 25 pre-purchased VIP Credentials. A live stream will also be available.

Reno Sparks Convention Center Guidelines

Under the current Phase-2 Roadmap to Recovery guidelines published by the Governor's office, the RSCC, REC, and RSLEC will operate sporting events in our facilities as follows:

General Spacing and Capacity:

- All cleaning and sanitization of event areas will be conducted as per the state approved ASM Global Reopening plan.

- Under Phase-2, all event areas will remain under 50% occupancy.
- Separate and controlled ingress & egress doorways will be operated throughout the event.
- Event equipment to be set up to encourage and respect safe social distancing.
- These will be closed events in that NO outside spectators will be allowed direct access. Only event participants, officials, credentialed chaperones, and facilities staff will be allowed access.
- Event schedule will be staggered to reduce person-to-person contact and to allow event areas to be sprayed & wiped between events.
- HVAC system set at 100% fresh air circulation from 1hr before event to 1hr following event.

Sanitization:

- Each event area will have hand sanitizing and/or hand washing stations using CDC approved sanitization products.
- Any event equipment that is touched by participants to be hand wiped with CDC approved sanitization products between usage.
- Deep cleaning of event areas to include fogging/spraying of event area and/or hand wiping of all hand surfaces using approved CDC sanitization liquids under Covid-19 protocols.

Signage:

- As per approved ASM Global Reopening plan all areas of ingress, bathrooms, hand sanitization stations, concession areas, and areas where event participants and staff may congregate will have Covid-19 signage:
 - Elevator Etiquette
 - Protect yourself from Covid-19
 - Wash Your Hands
 - Safe Social Distancing

Event Participants:

- Client responsible for communicating to and checking in all event participants to follow these protocols:
 - No participants, officials, or chaperones are experiencing Covid-19 symptoms. If so, they cannot participant or enter closed event area.
 - No shaking hands between event participants, officials, or staff.
 - No award presentations or gatherings of all participants allowed. Any awards should be individual or per team and not as a large group.
 - All participants meet that sport authority's requirements for participating in event.

Vendor Protocols:

- Client responsible for communicating to and checking in all event vendors, presenters, and staff to follow these protocols:
 - No vendors, presenters, staff, or officials are experiencing Covid-19 symptoms. If so, they cannot participant or enter closed event area.
 - No shaking hands between event attendees, vendors, presenters or staff.
 - Vendors will be allowed and encouraged to promote pre-purchases that can be drop shipped, curb pick-up, or as a last resort booth pick-up.
 - Designate areas for drop off & pick-up that encourage social distancing.
 - Vendor booths to be situated to follow safe social distancing.
 - Vendor booths to have floor tape to encourage customers to follow safe social distancing.
 - Vendors to avoid hand touching of display or merchandise.
 - Vendors to sanitize all POS and hand touch surfaces in their booths after each touch/use.